



# ST. MARY OF THE HILLS EPISCOPAL CHURCH

BLOWING ROCK, NORTH CAROLINA  
JULY 16, 2023

## WELCOME TO ST. MARY OF THE HILLS!

We are so glad that you are here. If you are a guest among us, we invite you to complete a Connection Card in the pew rack so that we might connect with you further. More information about our parish is available online at [www.stmaryofthehills.org](http://www.stmaryofthehills.org).

Members of our Vestry (*elected lay leadership*) are identified by name tags with yellow lanyards. Seek them out for information about our congregation's life and ministry.

## PARISH ANNOUNCEMENTS

**VESTRY NOMINATIONS** – Vestry nominations are now open for the 2024-2026 term. If you would like to nominate yourself or someone else (whose permission you have obtained), you may find nomination forms in the Foyer or the Parish Hall or you may go to our website: [www.stmaryofthehills.org](http://www.stmaryofthehills.org). Nominations close at 5:00PM on July 23<sup>rd</sup>.

### TOUR OF HOMES

- Check out volunteer opportunities for the Tour in the Parish Hall. Sign-up sheets are available for drivers, loaders, bakers, flower gatherers, etc. We need everyone's help!
- Please bring your back yard beauties to help the flower teams decorate the lovely homes chosen for the Tour of Homes. In order to cut down on waste, there will be a list of greens and flowers we would like to have posted on sign-up sheets in the Foyer and Parish Hall. Please bring what you can to the Parish Hall on July 26<sup>th</sup> at 10:00AM.
- Tour Café – Join us! You are invited! We are seeking individuals to serve during the Tour of Homes Cafe on Friday, July 28. [Sign-up to volunteer online](#) or contact Amanda ([hegea@appstate.edu](mailto:hegea@appstate.edu), 513-520-8642). All Cafe Volunteers will receive lunch. Your support will contribute to the success of the Tour and support the mission of FARM Cafe to Feed All Regardless of Means. Join us and be a part of this exciting community initiative! Sign up here: <https://www.signupgenius.com/go/10C0E45ABAE2FAAFBC25-tour>.
- Zero Waste - Each year, we make every effort to ensure zero waste through recycling and composting. In order to make this possible, we need folks to help us with sorting the waste. To learn more or volunteer, contact Lynn Coulthard at 828-964-6072.

**CENTERING PRAYER WORKSHOP** – We conclude our series of Centering Prayer workshops at 10:00AM on Wednesday, July 19<sup>th</sup>, in the Nave. All are welcome, whether you are a longtime Centering Prayer practitioner or simply curious about this spiritual discipline. We'll be going over the fruits of this practice and how it might affect your spiritual life and relationship with God, as well as the steps to implement this type of prayer regularly individually and communally. Dedicated Centering Prayer time occurs during the workshop. Contact Lindsey Herring for more information.

**SUMMER BOOK STUDY – *BECOMING HUMAN*** – Our Summer Seminary Intern, Mitchell Eithun, will be leading a four-week study on the book, *Becoming Human: The Holy Spirit and the Rhetoric of Race*, by Luke A. Powery, Dean of Duke University Chapel. A discussion group will gather at 4:00PM on Tuesdays, beginning July 25<sup>th</sup>. *Becoming Human* is available online from a variety of booksellers. Copies of the book are available from the parish office for a suggested donation of \$20.

### WORSHIP DURING THE WEEK AT ST. MARY'S

- **Morning Prayer** – Join us for Morning Prayer, a short (15-20 minute) service, offered Monday-Friday at 8:30AM in the Church.
- **Holy Eucharist on Wednesdays at 12:00PM** – Holy Eucharist is offered each Wednesday at 12:00PM in the Church.

**THE VESTRY** meets on Tuesday, July 18<sup>th</sup> at 5:45PM. All are welcome.

**COFFEE MINUTE HOSTS** - Volunteers are needed to host Sunday morning Coffee Minute, following the 10:10AM Eucharist. A sign-up sheet is available in the Parish Hall.

## ALTAR FLOWERS

The flowers on the Altar are given to the glory of God.

## PARISH PRAYER LIST

**For the Church:** Michael our Presiding Bishop, José our Bishop, Andrew, Sam and Gary our clergy, for our Vestry and staff, and for all the people of this parish.

**In our Parish Prayer Cycle, we remember this week:**

7/16 Richard Goewey

7/17 Frances Goodman and Charlotte Fox

7/18 John and Cecilia Grasinger

7/19 Richard Gray

7/20 Betty Green

7/21 Susie Greene

**We pray for the 65<sup>th</sup> Annual Tour of Homes, to be held on July 28<sup>th</sup>.** We offer our prayers for all whom we will receive as guests, for all volunteers, and for all the ministries and agencies who will be supported by this year's Tour.

**In our Diocesan cycle of prayer:** Faith Memorial Chapel, Cedar Mountain; Whiteside Summer Chapel, Cashiers

**For our nation and those in positions of public trust:** Joseph, our President, Roy, our Governor, all those who hold elected office.

**For those affected by natural disaster,** most especially those impacted by tornadoes, earthquakes, fires, and floods.

**For all who suffer from war throughout the world** and especially for the people of Ukraine and Russia, the Korean peninsula, Yemen, Ethiopia, and the Sudan.

**For healing:** Joe R., Luba, Chris, Ana, Lauren, Leandra, Amy Nimens, Dale, Nancy, Ann Greene, Greg, Gary and Judy Gloster, Bob Barham, Cat Carter, Elizabeth Young, Kent, Bruce, Lucy, Angela C., Jane Moss, Kerry R., Richard, Mary Jo Pollock, KC Weber, Ron Cunningham, Jeff Eastman, Todd, Kathy, Doug, Maria, Cindy K., Jeannie H., Megan, Mary, Benjamin, Jennifer, Carey

*\*\*\*Please note that the names on this list will remain for four weeks, unless the office is notified that the person(s) needs to remain on the list for a longer period of time.\*\*\**

**For those who have died:** Julie, Joel Keys, Betty, Charlie, Natasha, Mike, James, Mable, Jack, Mike, Arthur

**For those with other concerns:** Donna, Wayne G., Keys family

**For those traveling this week:** the Galkes

**For safe pregnancy and delivery:** Barbre Hoar, Molly, Emma Unkovic, Amy Shelton, Caitlyn, Lauren, Paige

**For those celebrating a birthday this week:**

7/16 Whitney Kitchell Smith

7/21 Kay Snow

**For those celebrating an anniversary this week:**

7/18 Bill and Jorgann Rogers